

GUIDE TO TYPES OF SHOCK

TYPE	DESCRIPTION	SIGNS & SYMPTOMS	
ANAPHYLACTIC	Severe allergic reaction	<ul style="list-style-type: none"> • Hypotension • Tachycardia • ↓ Cardiac Output • ↓ Systemic Vascular Resistance • Cough 	<ul style="list-style-type: none"> • Dyspnea • Pruritus • Urticaria • Restlessness • ↓ level of consciousness
CARDIOGENIC	Heart fails to pump normally	<ul style="list-style-type: none"> • Hypotension • Weak, thready pulse • ↑ Systemic Vascular Resistance • ↓ Cardiac Output 	<ul style="list-style-type: none"> • Crackles, tachypnea • Cool, pale, clammy skin • Urine output <30 mL/hr
HYPOVOLEMIC	Reduced circulating blood volume	<ul style="list-style-type: none"> • Hypotension • Weak, thready pulse • ↓ Cardiac Output • ↑ Systemic Vascular Resistance 	<ul style="list-style-type: none"> • Tachycardia • Cool, pale, clammy skin • ↓ Urine output
NEUROGENIC	Severe damage to the central nervous system	<ul style="list-style-type: none"> • Hypotension • ↓ Cardiac Output • Bradycardia 	<ul style="list-style-type: none"> • Warm, dry skin • Venous & arterial vasodilation • Loss of bladder control
OBSTRUCTIVE	Heart or great blood vessels are blocked by a physical obstruction	<ul style="list-style-type: none"> • Hypotension • Muffled heart sounds • ↓ Cardiac Output • ↓ level of consciousness 	<ul style="list-style-type: none"> • Signs of poor perfusion • Pale, cool skin • ↓ Urine output • Temperature
SEPTIC	Severe immune response to an infection	<ul style="list-style-type: none"> • Hypotension • Full bounding pulse • ↓ Systemic Vascular Resistance • ↓ Cardiac Output • Tachycardia 	<ul style="list-style-type: none"> • Warm, flushed skin • Tachypnea • ↓ Urine output • Fever

↑ = Increase

↓ = Decrease